[答] $-\frac{8}{3}$

【解答】

$$\tan\theta + \frac{1}{\tan\theta} = \frac{\sin\theta}{\cos\theta} + \frac{\cos\theta}{\sin\theta} = \frac{\sin^2\theta + \cos^2\theta}{\sin\theta\cos\theta} = \frac{1}{\sin\theta\cos\theta}$$
$$\sin\theta + \cos\theta = \frac{1}{2}$$
の両辺を 2 乗すると

$$\sin^2 \theta + 2\sin \theta \cos \theta + \cos^2 \theta = \frac{1}{4}$$

$$\therefore 1 + 2\sin \theta \cos \theta = \frac{1}{4}$$

$$\therefore \sin\theta\cos\theta = -\frac{3}{8}$$

よって

$$\tan \theta + \frac{1}{\tan \theta} = \frac{1}{-\frac{3}{8}} = -\frac{8}{3}$$
 ······(答)